Are you looking for a fun way to celebrate the end of the school year the whole family will enjoy? Why not join Team TSF on June 23, 2012 for the Dodge Rock 'n' Roll Seattle Marathon and ½ Marathon in Seattle, WA. ?

You and your family and friends can enjoy scenic views along a course that is perfect for any athletic ability. Runners or walkers are welcome! If you are not feeling athletic that day, you can donate, volunteer, or come and cheer on the event participants. The more people to help Team TSF and Turner Syndrome Foundation Inc. spread the word about Turner Syndrome, the #1 chromosomal condition in women, the better. Affecting 1in 2,000 girls, TS is not very well known. In fact, most patients are not diagnosed until they are about 14 years old, keeping them from important treatments and therapies.

"I think it is also important to note that there is a spectrum of characteristics for Turners Syndrome. Doctors, teachers and parents should be informed so that these girls can receive support at an early age. It is widely known that early intervention is crucial to ensuring proper health and development," adds Team TSF leader, Janna Fornia, whose 7year-old daughter was diagnosed with TS in utero.

By raising awareness of TS at events like the Dodge Rock 'n' Roll Seattle Marathon and  $\frac{1}{2}$  Marathon, the diagnosing age of patients will hopefully be lowered to at birth, which is the goal of Turner Syndrome Foundation Inc.

"I became involved with TSF after I ran my first half marathon in Seattle. I knew I wanted to run another one and make it meaningful by joining a charity. After googling around I knew that TSF would be the perfect match. I ran the Arizona Rock and Roll half marathon with TSF and loved that I was running for something bigger than myself," says Fornia. "Rock and Roll races reach thousands of people and we can bring awareness to the cause and provide information while setting a healthy example for our daughters," adds Fornia.

For more information on how to join Fornia and Team TSF to support a good cause while having fun and exercising, or to donate or volunteer go to:

Register to benefit Turner Syndrome Foundation, Inc. Website: <u>www.TSFUSA.org</u>

For more information, visit the Official Event Website: <u>http://runrocknroll.competitor.com/seattle/event-details</u>