Like most people, when Angela Provost's granddaughter Mya was diagnosed with Turner Syndrome, she had never heard of it before.

"Since Mya's birth our daughter-in-law Liz has been tireless in learning about TS, researching medical options, and helping my husband and I to begin to understand the challenges Mya and her family may encounter," said Provost.

Mya is 1 out of 2000 girls born with this completely random, little known chromosomal condition in which one of the X chromosomes is completely or partially missing. It is so little known, in fact, that most patients are not diagnosed until around the age of fourteen, keeping them from important medical treatments and therapies.

In order to help raise awareness for TS, Provost has decided to join Turner Syndrome Foundation, Inc. and Team TSF at the Nashville Country Music Rock'n'Roll Marathon and 1/2 Marathon on April 28, 2012.

"I enjoy running, especially in large events, and love to run through down town Nashville. I am involved also because Liz sent me the link about TS's involvement with the event and it seemed like a perfect opportunity to make the effort count," said Provost, a veterinary technician in Nashville.

By educating the public about TS at major events, like the marathon, we will, hopefully, help lower the diagnosing age of TS patients to birth or earlier. Mya, now 9 months old, was lucky to have been diagnosed at 22 weeks gestation and can start helpful treatments and therapies when appropriate.

The more people who know about TS, the better. "It would be wonderful if more people could/would become involved in a TSF event, more than anything, I think to make us all more aware of what Turner Syndrome is about, what can be done to help those affected, and to see the amazing people affected by TS," said Provost, who is training for the event by running at her neighborhood YMCA daily. "People should care about TS as we all should about any condition that affects our children/family. Research, treatment, and education can make patients and families of TS feel accepted, fulfilled and supported by us all," added Provost.

Not a runner like Provost? Walkers are always welcome; or you can donate, volunteer or come and cheer on the participants as they run/walk the beautiful, flat course through Nashville. If you can't make it to Nashville, Team TSF will be in Long Branch, NJ for the NJ Marathon Festival at the Shore May 5-6, 2012 and Seattle, Washington at the Dodge Rock 'n' Roll Seattle Marathon and ½ Marathon on June 23, 2012.

For more information on TS, TSF, or to register to participate in a Team TSF event, volunteer or donate, go to: **www.TSFUSA.org**.

For more information on the Nashville Country Music Marathon and ½ Marathon, go to: http://runrocknroll.competitor.com/nashville For more information on the NJ Marathon Festival at the Shore, go to: www.njmarathon.org For more information on the Dodge Rock 'n' Roll Seattle Marathon and ½ Marathon, go to: http://runrocknroll.competitor.com/seattle www.TurnerSyndromeFoundation.org