Your Child's Developmental Important Milestones: (Birth - 4 Months)

Social and Emotional

- ☐ Begins to develop a social smile
- ☐ Enjoys playing with other people and may cry when playing stops
- ☐ Becomes more expressive and communicates more with face and body
- ☐ Imitates some movement and facial expressions

Movement

- ☐ Raises head and chest when lying on stomach
- ☐ Supports upper body with arms when lying on stomach
- ☐ Stretches legs out and kicks when lying on stomach and back
- ☐ Opens and shuts hands
- ☐ Pushes down legs when feet are placed on a firm surface
- ☐ Brings hands to mouth
- ☐ Takes swipe at dangling objects with hands
- ☐ Grasps and shakes toys

Vision

- ☐ Watches faces intently
- ☐ Follows moving objects
- ☐ Recognizes familiar objects and people at a distance
- ☐ Starts using hands and eyes in coordination

Hearing and Speech

- ☐ Smiles at the sound of your voice
- ☐ Begins to babble
- ☐ Begins to imitate some sounds
- ☐ Turns head toward direction of sound

<u>Developmental Health Watch</u>

Alert your child's doctor or nurse if your child displays any of the following signs of possible developmental delay for this age range.

- ☐ Does not seem to respond to loud noises
- ☐ Does not notice hands by 2 months
- ☐ Does not follow moving object with eyes by 2 to 3 months
- ☐ Does not grasp and hold objects by 3 months
- ☐ Does not smile at people by 3 months

- ☐ Cannot support head well by 3 months
- ☐ Does not reach for and grasp toys by 3 to 4 months
- ☐ Does not babble by 3 to 4 months
- ☐ Does not bring objects to mouth by 4 months
- ☐ Begins babbling, but does not try to imitate any of your sounds by 4 months
- ☐ Does not push down with legs when feet are places of a firm surface by 4 months
- ☐ Has trouble moving one or both eyes in all directions
- ☐ Crosses eyes most of the time (occasional crossing of the eyes is normal in these first few months)
- ☐ Does not pay attention to new faces, or seems frightened by new faces or surroundings
- ☐ Experiences a dramatic loss of skill he or she once had

Adapted from the New Jersey's Early Intervention Center