February is Turner Syndrome Awareness Month

Even today, many girls are diagnosed later in life when treatment options are less effective. Through education and awareness, girls and women with Turner Syndrome can be diagnosed sooner to ensure they receive proper medical interventions. Join us in our efforts to spread awareness and allow every Turner Syndrome girl the chance at a fulfilling life.

Allied health professionals and consumers can work together to communicate the importance of advocacy and awareness of Turner Syndrome. This year's initiatives have four main focus areas:

- 1. Join the Patient Registry to facilitate research
- 2. Advocate for your state
- 3. Host an event to raise awareness & support
- 4. Be a leader in your state

Join the Patient Registry. It is important that we have a familiarity of each life touched by Turner Syndrome. This allows TSF to facilitate necessary research in order to provide quality healthcare, knowledge and support. A great example is the TSF education video, "The Importance of Early Diagnosis of Turner Syndrome," that is streaming in 2,500 medical centers across the US every month and reached 8 million viewers in just 3 months! Having a clear understanding of the individualities of each case, allows for thorough and effective advocacy. Watch and Share Video

Advocate for your state. In order to have advocacy legislation in each state, we need individuals who are willing to lend their voices to the cause. This call to action aids in developing laws that support Turner Syndrome care and assistance. Declaring February as Turner Syndrome Awareness Month in your state is a fantastic place to start! If interested, please complete the <u>online application</u>.

Host an event. Hosting events are a great way to raise awareness because they get a large number of people involved and talking about Turner Syndrome. Some ideas for awareness events include hosting a Treats and Sweets Bake Sale or joining a Team TSF athletic event. TSF is partnered with Competitor Group and Life Time athletic events. Creating a team to walk a 5K or run a marathon is a sure-fire way to get noticed! More event ideas can be found on the TSF website under "Donate > Fundraising Events." Special Event Info

Be a leader. Consumer and professional state leaders are needed to help support and speak for people affected throughout the US. Individuals can help lead our mission by joining the National Council of State Leaders. The NCSL serves as a unified voice of volunteers facilitating advocacy, awareness, education, and research. They are dedicated to improving the lives of patients affected by Turner Syndrome. Application can be found on the TSF website under "Volunteer > Become a Volunteer." Applications: Consumer Volunteer - English Consumer Volunteer - Spanish Professional Volunteer